

Use Caution During Extreme Heat

With the extremely hot weather forecast for the Commonwealth, the Massachusetts Emergency Management Agency (MEMA) is advising people to be cautious during this period of extreme heat, and is offering some tips to help keep cool and safe.

“A few common sense measures can reduce heat-related problems, especially for the elderly, the very young and people with respiratory ailments, who are more susceptible to the effects of high temperatures,” said MEMA Director Kurt Schwartz. “If this extreme weather continues over an extended period, some communities may be setting up cooling centers to assist those seeking relief from the oppressive heat.”

For more information click here

<http://www.mass.gov/eopss/agencies/mema/mema-advises-caution-during-extremely-hot-weather.html>